



ENJOY

The emotional, social, and health benefits that an Aging-in-Place lifestyle offers

"I am committed to your safety and well-being so **YOU** can decide the best solution for your needs."



FITHOME
Valerie del Moral-Barbosa, CAPS
Certified Aging-in-Place Specialist &
Certified Interior Designer
Insured

239.653.7703
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Create a Home for a **🏠 Lifetime**



Adapt your Space to
Accommodate a Changing Lifestyle

FITHOME

by

Valerie Lynn Interiors, LLC

CERTIFIED AGING-IN-PLACE SPECIALIST

Serving Collier & Lee Counties

239.653.7703

www.ValerieLynnInteriors.com



Make Your Home *FIT* Your Needs

- Living in one's home safely & comfortably, regardless of age or ability level, is called **Aging-in-Place** or 'Living in Place'.
- Many elements affect a home's fitness for Aging-in-Place. The entry, bathroom, living spaces and lighting need your consideration.
- **FITHOME** is your best resource for evaluating and helping you improve your home's accessibility and safety for every season of life.

*FIT*HOME

by

Valerie Lynn Interiors, LLC

PERSONALIZED PROPERTY SOLUTIONS

- Consultations (*Choose In-Person or Online*)
- Partial-Home Report (*Choose 2 spaces*)
- Full-Home Report (*Curb to Backyard*)
- Recommendations based on your specific needs
- Pricing starts at \$175

PROJECT DESIGN

- Project design service available based on individualized recommendations and Universal Design to improve your home's accessibility, comfort, and safety

PROJECT MANAGEMENT

- Project management from start to finish.

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THE PERFECT *FIT*

Plan **NOW** so you can stay in your home **LATER**

- **Who should plan? Everyone.** Especially those with chronic shoulder, back, knee, hip, vision, balance & progressive conditions, or those caring for grandparents; disabled veterans; accident victims; and families with disabled children.
- **Make a fair comparison.** Thinking about assisted living facilities? Schedule a home consultation and learn how investing in your property is a cost-effective alternative.
- **The right time to evaluate your home and make changes is BEFORE you need them.** Rehab + nursing facilities currently cost 11K-15K/month. Peace of mind begins with a safer home.